

The Fruit of the Spirit studies **PATIENCE KINDNESS**



Key verse: Romans 2:4.

Or do you show contempt for the riches of his kindness, tolerance and patience, not realizing that God's kindness leads you toward repentance?



Big Idea: Patience and Kindness are character traits of God that we experience positively and that we are to imitate as his children.

Kick Off

Look up in a dictionary the definition for Patience and for Kindness. Are they adequate for considering these virtues?

Does kindness require patience?

STUDY

The fruit of the Spirit is the character traits of God being formed in us. Work through the chart below and make notes on what these verses say about God's patience and kindness and believers showing patience and kindness.

Reference	Observations and Insights
Exodus 34:6-7	
Romans 2:4	
1 Timothy 1:16	
2 Peter 3:15	
James 5:7-11	
Hebrews 6:12	
Colossians 3:12-13	
Isaiah 48:9.	
Jonah 4:1-11	

Patience is putting up with others even when severely tried. From your study of the above Bible passages what has God withheld from us out of patience and kindness?

What end goals has God got in mind for holding back his judgment on this world?

The contrast between God and Jonah, God's prophet, is disturbing. What can we learn as God's people in relation to patience and kindness from this contrast?

How is the attitude of Jesus towards us the template we are to copy in relating to others?

THINK AND APPLY

How is our holy God withholding his **righteous** anger strong incentive for us to withhold our anger which, at best, is never free from sin?

Are 'black and white' thinkers more likely to be impatient and unkind?

How can you work at being a more patient person?

Commit to doing something outrageously kind this week?

PRAYER

What can you pray about arising from this study?



For next week
Read
Ephesians 2:1-10
Psalm 31:19-20